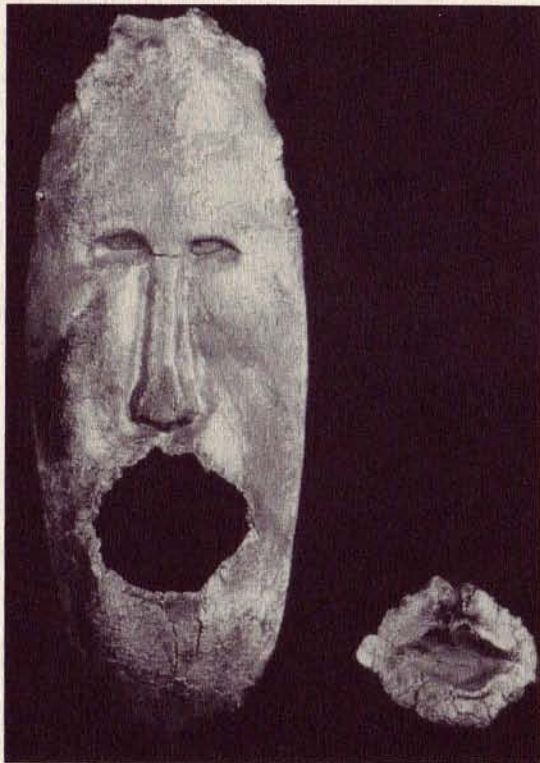


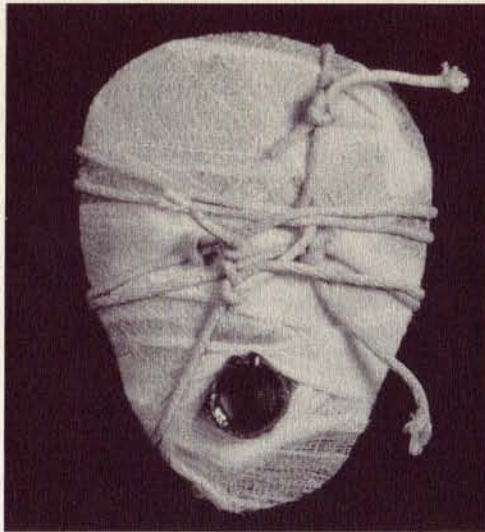
# BREAKING THE SILENCE

*A Project About and For  
Survivors of Child Sexual Abuse*



*Oraficial Escape*

*Sponsored in part by:*  
Blue Heron Catering  
The Giarretto Institute  
Kaiser Permanente, San Francisco  
The Warwick Regis Hotel



*What  
am I  
Good  
For?*

## EXHIBIT

Thursday, June 10-Thursday, July 8  
At the Women's Building  
3543 18th Street • San Francisco  
Gallery Hours:  
Wednesday-Friday 12 noon-8 pm  
Saturday and Sunday 12 noon-5 pm

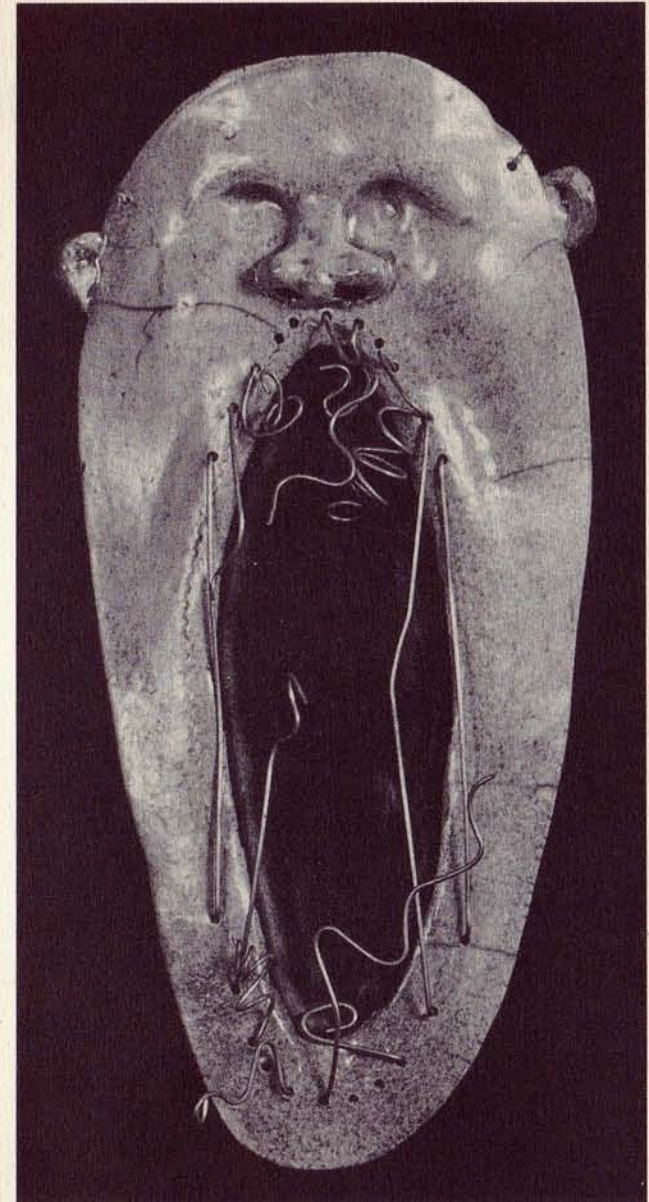
## WORKSHOPS

Exact times and dates to be scheduled

For more information about  
The Women's Building and  
**BREAKING THE SILENCE**

Please contact  
Kim Lau, Program Coordinator, at  
3543 18th Street • San Francisco • 94110  
415-431-1180

# THE WOMEN'S BUILDING presents BREAKING THE SILENCE



## A ROOM OF OUR OWN

Since 1979, the Women's Building/el Edificio de Mujeres has been a safe place in the community, a symbol of women's leadership, and a voice against oppression in its many forms. Our commitment to the Bay Area's diverse communities reflects our commitment to social equality and our struggle against oppression. We are proud to open our doors and our services to society's most disenfranchised members—women and children, people of color, low-income people, mid-life and older women, people with disabilities and chronic and life-threatening diseases, immigrants and refugees, lesbians, gay men, and bisexuals.

The Women's Building/ el Edificio de Mujeres is both a multicultural community center and an agency organizing for broad social equality. Based on this dual purpose, the Women's Building/el Edificio de Mujeres:

- provides affordable office space for nine organizations working for women, children, and youth
- helps launch emerging women's and children's projects such as *La Casa de las Madres*, the Women's Philharmonic, and the Girls Leadership Project



- builds coalitions for social change by bringing together diverse organizations that work for peace, the environment, lesbian/gay/bisexual issues, and multicultural concerns

- offers free information and referrals to women in both Spanish and English
- advocates for women's health, especially in the areas of women and AIDS, cancer, chronic diseases, and universal health care coverage.

It is in this spirit that the Women's Building presents

## BREAKING THE SILENCE:

*A Project About and For Survivors of Child Sexual Abuse.*

Created by artist and survivor Katheryn Trenshaw, the BREAKING THE SILENCE exhibit is a series of masks, paintings, and sculptures that depict the devastation and insidious effects of child sexual abuse, as well as the struggle toward growth and wholeness possible with psychological healing. The pieces within the exhibit express the fear, denial, secrecy, anger, and guilt of going through the sexual abuse. The power and assurance conveyed to the viewer that healing is possible.



*In Order to Survive*

BREAKING THE SILENCE was created to reach out to all those who feel they are alone in their experiences, to those who have closed off the pain or even the memory of their experience and have thus stunted their growth, and to those who are trying (or not) to help those who have been victims of child sexual abuse.

The BREAKING THE SILENCE workshops are an outgrowth of the exhibit: more and more survivors, and their therapists, inspired by the exhibit, wanted a vehicle in which to experience the healing creative power within each person. The workshops, all hands-on participatory experiences, provide a safe, structured opportunity to symbolize the participants' inner feelings in tangible mask-like forms, and to confront and meditate on what they create.

I would like to join artist Katheryn Trenshaw at the Warwick Regis Hotel for a private reception prior to the opening of Breaking the Silence on Thursday, June 10, 1993 from 6-7:30 pm.

- Benefactor (\$2,500 with guest)
- Sponsor (\$1,000 with guest)
- Patron (\$500 with guest)

*Please make checks payable to San Francisco Women's Centers*

*Please charge my donation to my MC/VISA (please circle):*

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

*All donations are tax deductible.*

*For more information, contact Kim Lau at 415-431-1180.*

Yes, I would like to support the Women's Building's efforts to launch projects that address women's, girls', and community needs.

Enclosed please find my gift of:

— \$35 — \$50 — \$100 — \$250 — Other \$ \_\_\_\_\_

*Please make checks payable to San Francisco Women's Centers*

*Please charge my donation to my MC/VISA (please circle):*

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

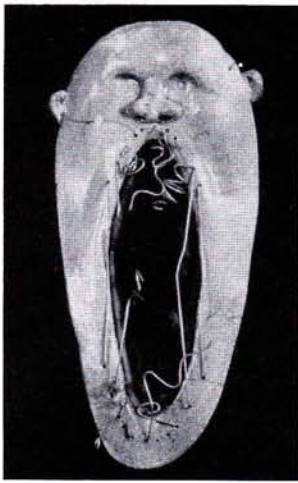
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City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_



# BREAKING THE SILENCE

*A Project About and For Survivors of Child Sexual Abuse*

Press contact: Karen Larsen  
415 957-1205

BREAKING THE SILENCE: A PROJECT ABOUT AND  
FOR SURVIVORS OF CHILD SEXUAL ABUSE AT  
THE WOMEN'S BUILDING - JUNE 11- JULY 8

San Francisco, CA.....BREAKING THE SILENCE: A Project About and For Survivors of Child Sexual Abuse opens Friday, June 11 and continues through Thursday, July 8 at the Women's Building, 3543 18th Street, in San Francisco. In an effort to focus attention on the problem of child sexual abuse, artist and survivor Katheryn Trenshaw has created the BREAKING THE SILENCE Project, which includes an art exhibition, a slide lecture and a series of mask-making workshops.

The BREAKING THE SILENCE exhibition is a collection of masks, sculpture and water colors that illustrates the devastating effects of childhood sexual abuse. It is open to the public Friday, June 11 through Thursday, July 8. Hours are Wednesday through Friday, 12 noon until 8 PM, and Saturday and Sunday from 12 noon until 5 PM. Admission is free.

The mask-making workshops take place on June 18, 5:30 - 9:30 PM at the Potrero Hill Neighborhood House, 953 De Haro Street, and June 20, 10AM - 2 PM at the Women's Building, 3543 18th Street in San Francisco. Designed by Ms. Trenshaw as interactive experiences to help women channel their creative power into healing power, the workshops allow participants to address their inner feelings in a safe environment and give tangible form to them. Each workshop is devoted to creating two masks, one titled "Relinquishing Unwanted Baggage" and the other titled "Creating a Personal Protector." Workshops are \$25, and scholarships are available.

An opening reception with artist Katheryn Trenshaw will be held on Thursday, June 10 from 7:30 to 9:30 PM. For more information about the reception, exhibition, lecture or workshops, please contact Kim Lau at the Women's Building at 415 431-1180.

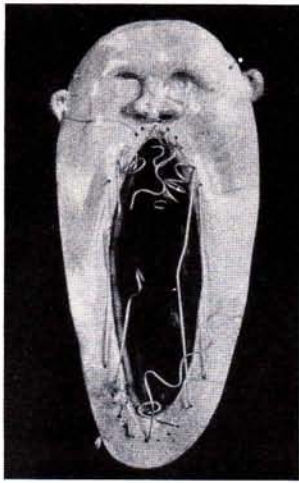
*Presented by*



**THE WOMEN'S BUILDING/EL EDIFICIO DE MUJERES**

3543 18th Street • San Francisco, CA • 94110 • 415-431-1180





# BREAKING THE SILENCE

*A Project About and For Survivors of Child Sexual Abuse*

For More Information  
Please Contact:  
Kim Lau at  
The Women's Building  
415-431-1180

The Women's Building presents

**BREAKING THE SILENCE:**  
A Project About and For Survivors of Child Sexual Abuse

The Women's Building is pleased to present **BREAKING THE SILENCE: A Project About and For Survivors of Child Sexual Abuse**. Created by artist and survivor Katheryn Trenshaw, **BREAKING THE SILENCE** is an effort to focus public attention on the enormous, ever-growing problem of childhood sexual abuse. It is a catalyst for people to discuss a topic that nobody wants to discuss, and it is a bridge to the many survivors themselves, a message that there is hope, a way out of the abuse. There are three individual components to **BREAKING THE SILENCE**: an exhibit, a slide show/lecture series, and a series of interactive mask-making workshops with Ms. Trenshaw.

The **BREAKING THE SILENCE** exhibit is a collection of masks, paintings, and sculpture that illustrates the devastating effects of childhood sexual abuse with a certain spirituality that implies the possibility of growth, renewal, and eventual wholeness. It is both educational and inspiring, socially relevant, and timely. In the educational slide lectures, Ms. Trenshaw discusses the exhibit in terms of her own experiences with childhood sexual abuse. She shares the symbolism and the meaning behind each piece, at the same time speaking to the power of art as a vehicle for growth and healing. The mask-making workshops are interactive experiences designed to help women channel their creative power into a healing power by allowing them to address their inner feelings in a safe, structured environment. Each workshop is devoted to creating two masks, one titled "Relinquishing Unwanted Baggage" and the other titled "Creating a Personal Protector." By giving tangible form to their feelings, the participants can both confront and meditate upon the symbolism of what they have created.

For more information, please contact Kim Lau at the Women's Building, 415-431-1180.



Presented by  
**THE WOMEN'S BUILDING/EL EDIFICIO DE MUJERES**

3543 18th Street • San Francisco, CA • 94110 • 415-431-1180

